



Training and support programme for new 'ARRS' Health Coaches

Does your PCN need help in training and supporting your newly recruited Health Coaches?

HN Training ACADEMY has a comprehensive programme that is based on clinical experience and proven outcomes. The training programme will give your health coaches the tools to make a real difference to your patients and PCN clinical workforce, whilst increasing job satisfaction and retention.

About the course

Blended learning: Virtual workshops, action learning sets, coursework, mentoring from experienced clinical coaches, assessments, independent study and refresher training

Tailored content and exercises: Provides specific relevance to primary care

Empowering your team: Acquisition of new skills and associated self-confidence enables them to deliver in their role

Cost benefit: Patients receive support and advice to encourage and support self-care – relieving pressures on healthcare services and associated costs

Training Health Coaches in the UK: HN has been training and delivering clinical health coaching across the UK since 2015

Ongoing support for six months following programme completion

What HN can do for your PCN and Health Coaches

The six month, work-based learning programme for health coaches, takes a blended approach of workshops, action learning sets and mentoring from experienced clinical coaches.

We use our knowledge of recruiting and developing clinical health coaches to deliver:

- **Improved Patient Reported Outcome Measures (PROMS)**
- **A reduction in workload for practice staff**
- **Evidence-based proactive health coaching**



Our tried and tested approach to training takes a holistic view of health coaching, which teaches participants to think more systemically about their role. We build confidence by role-playing the skills and behaviours that are required to be an effective health coach.

The programme is currently undergoing accreditation by the Personalised Care Institute.

Contact HN

Please contact Adria Haimann for further information.



HN Training ACADEMY

Clinical Health Coaching & Self-Management Support

How the six month course works



Prepare

Engage

Apply

Review

Embed

Training programme fee

The programme is priced at £1,500 + VAT per applicant. This includes access to all the online learning materials, virtual programme days, monthly workshops, assessments and ongoing support during the six month cycle. To achieve the best learning outcomes for your health coaches and to ensure impactful action learning sets, there is a maximum number of ten participants per programme.

We can offer rolling course recruitment so please contact Adria Haimann with your requirements.

Let's work together and empower your patients

“The HN team have been highly enthusiastic and really engaged with us...it has been good to work with them.”

Hear Nigel Wells, Clinical Lead at Humber, Coast and Vale HCP speak about working with us.

“I've learnt to view my condition in a different way...going from an asthmatic, to someone who happens to have asthma but can cope with it. I've gone from six admissions... to none”

Hear about Tim's experience of being one of our patients.

About HN

HN is a healthcare company that delivers AI guided case-finding, remote monitoring, clinical coaching and virtual ward solutions to the NHS. From March 2020, HN has been supported by the NHS Innovation Accelerator to spread our evidence-based services across the NHS.